

# ROLLER FOR RESILIENCE

These sessions were aimed at pupils in years 5 and 6 and focused on supporting young people that are struggling with transition, low levels of confidence and resilience.

9 Schools	3 BAME*
42 Pupils	5 SEND
	3 LAC
24 Male	9 PP
18 Female	

57% had never skated before and only 2 children had skated more than 5 times

**“You needed to fall in order to build your confidence”**

Young person from Bristow Primary School

## FEEDBACK



100% said they had fun



100% said they were glad that they had taken part



68% said they found it difficult but kept trying

98% said they were proud of something they had done today!



88% said their confidence had improved or remained the same

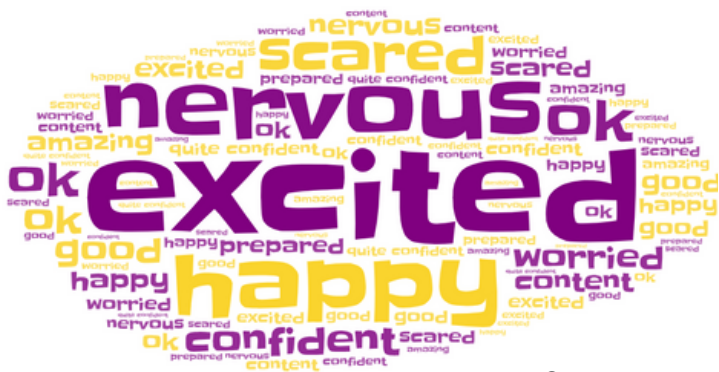
98% said that they felt brave

68% helped someone on the day

94% said they would like to skate again



We asked the young people what emotions they felt before and after the event:



Before



After

## IMPACT

We asked the teachers to feedback on the impact the sessions have had on their children:

One of our group members was having a very difficult time with his home life and can get quite emotional at school. He was very quick to cry and feel like they couldn't do it because it was too hard, but Beky supported him throughout and managed to get him standing and having a go. Despite wanting to give up, he didn't and by the end felt like if he could overcome this problem, maybe he would be able to overcome other problems.

Another child we brought is struggling to come to school due to anxiety. He was our top performer and was this activity really boosted his confidence. We continue to work with him on this.

2 other members we picked because this is not the type of activity their family would ever do with them and it was about providing new opportunities - the smile on their faces said it all - they just had so much fun.

This was a wonderful event for so many reasons!

Peterchurch Primary School

