

St Paul's Primary School: Upskilling ECT's and 1:1's

Background and rationale

Since September we have had a large increase in the number of ECTs who are leading/teaching PE sessions and 1:1s who are now supporting within PE lessons.

We wanted to ensure our staff had the confidence to teach and adapt PE lessons that support all children to enjoy, achieve and are active.

We also wanted to give power to 1:1s so they are able to support their own children and develop their skills and ensure they are still included in PE sessions.

What did you do and how did you do it

Over the year, we brought in Stride Active to provide bespoke and specific training for our ECTs, PPA cover staff and our 1:1s.

The 1:1 session included focused training on how to support children using our chosen method of adaptation which is the STEP model. This enabled staff to use a variety of different methods to ensure children are included in PE sessions.

The ECTs had a specific PE lesson which gave them different ideas for how to structure and manage sessions.

Stride Active also have helped support our ECTs by completing observations and providing feedback.

The Impact

Feedback from staff has been very positive.

1:1s said they felt confident to support their children within PE sessions and had ideas for how to support their children.

ECTs said they had tried the different techniques within their sessions and loved them. They said the training was incredibly helpful. Now nearly 100% of our SEN children are achieving the expected standard in PE.

Sustainability

The sessions were given to staff who will be able to deliver the training to other members of staff and will encourage our ECTs to have more confidence in PE.

The training and resources provided will still be relevant and useful even when the funding is no longer there.

'I love being in PE it is my favourite lesson.'

LL – EHCP