

Walk to School

WALL CHART

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 .../.../...					
WEEK 2 .../.../...					
WEEK 3 .../.../...					

Use the boxes to record the number of steps, distance, or even how many minutes you walked for!





YOU'RE DOING GREAT!

Keep recording your steps, distance or minutes!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

.../.../...

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WEEK 2

.../.../...

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WEEK 3

.../.../...

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