

FRIDAY 11TH JUNE 2021 - 12.45-4PM

BARTESTREE VILLAGE HALL, HR1 4BY

FREE FOR SLA SCHOOLS | £50 FOR NON-SLA SCHOOLS

1PM - WELCOME

1.15PM - CHOICE OF:

REFRAMING COMPETITION

Delivered by Peter Knight, this session will look at how to develop intra competitions to engage all young people and will enable you to return to school with a range of strategies to try out.

OUTDOOR LEARNING

Learn first hand how Much Birch Primary school has successfully embedded orienteering & other outdoor learning. This session will show you easy ways to introduce orienteering, no matter what you facilities you have!

STREET DANCE

An introduction to Street Dance, by experts from Dirty Feet. No dance background is required; the session will help you navigate the basics. You'll be given creative ideas to deliver street dance elements as part of a wider PE/physical activity offer.

2.10PM - CHOICE OF:

CRICKET

Delivered by Herefordshire Cricket, this session will focus on games and activities to engage all of your young people, regardless of the space you have available.

YOGA

Join Hereford Yoga for an introduction to yoga. Learn about the physical and mental health benefits yoga can bring and some simple activities that you can use with your children. No previous experience required.

ULTIMATE FRISBEE

Introduce a new activity to your PE lessons or extra-curricular club (which is also easy to social distance)! The session will focus on the basics of Ultimate Frisbee and give you the chance to try out the sport yourself!

3.05PM - CHOICE OF:

MY PB USING ATHLETICS

Join resident competition expert, Kieram Hallam to learn how you can deliver your own sports hall athletics competition, with an increased focus on personal best so every young person can achieve.

GYMNASTICS

Focusing on movement & rhythmic gymnastics, this workshop will take you through some practical ideas to increase teacher confidence when delivering this activity. Delivered by Emma Gardner, Level. 2 gymnastics coach.

INCLUSION THROUGH FOOTBALL

Delivered by Herefordshire FA's Inclusion Officer, this session will focus on making football more inclusive for SEND & female pupils. Aimed at teachers who feel less confident delivering football.