

# School Games Challenges



Being at home does not stop you being part of the School Games! You can use the time to practice a personal best challenge ie. How many skips /catches / kick ups can you do in 1 minute (you can even challenge your friends and do a friendship leader board).

Below is the School Games quiz! You have to research the answer then complete the task linking to the question. This can also be used as an activity where schools are open and taking care of key workers children.

SCHOOL GAMES QUESTIONS	YOUR ANSWER	ACTIVITY	CORRECT ANSWER	SCHOOL GAMES QUESTION	YOUR ANSWER	ACTIVITY	CORRECT ANSWER
How many players are in a goalball team?		Speed Bounce		How many golf holes make a full size course?		Hop on one foot	
How many gold medals did Usain Bolt win at the Olympics?		Bicep curl with a tin of beans		How many people took part in the badminton rally to get the World Record?		Star Jumps	
How many points were scored when England won the rugby World Cup?		Stand on one Foot (Sec)		How many runs did Ben Stokes score in the cricket world cup final?		Step ups	
How many players are there in one netball team?		Bunny Hops		How many teams play against each other in a game of Boccia?		Balloon keep ups	
How many players are on the pitch at the start of a football match?		Plank		What is the fastest tennis serve recorded?		Balance on 4 parts of your body	
What age did Anthony Joshua win Gold at the London 2012?		Burpees		How far is an Olympic marathon?		Sit to stand	



Created by @westfieldSGO