



# TARGET THROW

This game will help children to develop their coordination

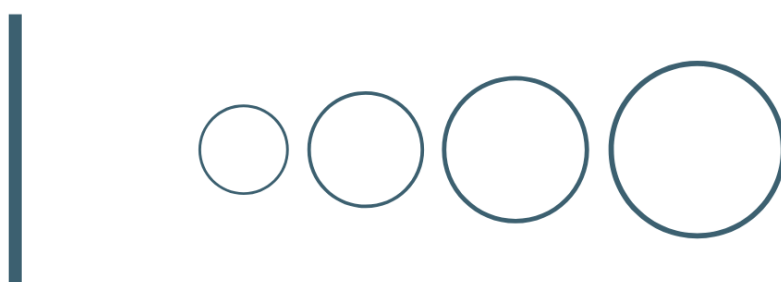
## EQUIPMENT:

- Four targets – you could use tea towels, string to mark an area,
- Four objects – you could use soft toys, packets of crisps
- A line to indicate the start point

## HOW TO PLAY:

Set out four targets, each one further away than the next.

Each person has 4 objects that they have to try and get one object in each of the targets.



## MAKE IT EASIER:

Make the targets further away bigger than the closer ones

Bring the target closer

Use a lighter object which is easier to throw

## MAKE IT MORE OF A CHALLENGE:

Make the targets smaller

Make the targets further away

## SCORING:

The nearest target scores 2 point, next 3, next 4 and the last 6 per object scoring a possible total of 30 points. If the object is touching the hoop, points can be awarded.

Make this a personal challenge by trying to beat your score each time or making it harder!

## RECORDING YOUR BEST AT HOME:

Can you practice and get better every day?

Name:				
Date	Score 1	Score 2	Score 3	Average



## TARGET THROW

### HOW TO SCORE:

The nearest target scores 2 point, next 3, next 4 and the last 6 per object scoring a possible total of 30 points. If the object is touching the hoop, points can be awarded.

Make this a personal challenge by trying to beat your score each time or making it harder!

No.	Name	Score 1	Score 2	Score 3	Average
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
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